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Summary:

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2. GET STARTED | Polar FT7 User Manual | English The heart rate monitor records and displays your heart rate and other data during training. The Polar H1 heart rate sensor transmits the heart rate signal to the heart rate monitor. The heart rate sensor consists of a connector (A) and strap (B). For the latest version of this user manual and video. Polar FT7 Polar FT7 User Manual ENGLISH. ... The Polar FT7 displays a training summary after each training session: DURATION The duration of your training session CALORIES. POLAR ELECTRO FT7 USER MANUAL Pdf Download. View and Download Polar Electro FT7 user manual online. FT7 Heart Rate Monitor pdf manual download.

3. TRAINING | Polar FT7 User Manual | English Moisten the electrode area of the strap. Clip the strap around your chest and adjust the strap to fit snugly. Attach the connector. Detach the connector from the strap after every use, to maximize the heart rate sensor battery lifetime. Sweat and moisture may keep the electrodes wet and the heart. Amazon.com: polar+ft7+heart+rate+monitor FITS POLAR FT7 AND POLAR FT4 - Specially designed to fit POLAR FT7 and ... Manual Heart Rate Monitor. Battery Disposability. Single-Use; Avg. Customer Review. POLAR FT7 : User Manual Get POLAR FT7 User Manual. Get all POLAR manuals.

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